

AMENDED IN ASSEMBLY FEBRUARY 21, 2002

CALIFORNIA LEGISLATURE—2001–02 REGULAR SESSION

Assembly Concurrent Resolution

No. 145

Introduced by Assembly Member Matthews

(Coauthors: Assembly Members Alquist, Aroner, Bates, Cox, Firebaugh, Harman, Havice, Kelley, Leach, Longville, and ~~Strom-Martin~~–*Strom-Martin, Ashburn, Bogh, Calderon, John Campbell, Canciamilla, Cardoza, Chan, Chavez, Chu, Cogdill, Cohn, Corbett, Correa, Daucher, Diaz, Dickerson, Frommer, Goldberg, Hertzberg, Hollingsworth, Horton, Jackson, Keeley, Kehoe, Koretz, La Suer, Leonard, Liu, Lowenthal, Maddox, Maldonado, Migden, Nakano, Nation, Negrete McLeod, Oropeza, Rod Pacheco, Papan, Pavley, Pescetti, Reyes, Richman, Simitian, Steinberg, Strickland, Thomson, Vargas, Washington, Wayne, Wesson, Wright, Wyland, and Wyman*)

(Coauthors: Senators Alpert, Bowen, Chesbro, Costa, Escutia, Kuehl, and Machado)

January 31, 2002

Assembly Concurrent Resolution No. 145—Relative to Nutrition Week 2002.

LEGISLATIVE COUNSEL'S DIGEST

ACR 145, as amended, Matthews. Nutrition Week 2002.

This measure would proclaim the week of February 24 to March 2, 2002, as Nutrition Week 2002.

Fiscal committee: no.

1 WHEREAS, Sound nutrition is an essential component of a
2 healthy and productive lifestyle; and

3 WHEREAS, According to the Centers for Disease Control and
4 Prevention, yearly spending by the state and federal governments
5 per person for disease treatment is more than 1,000 times greater
6 than the cost of adopting preventive measures promoting proper
7 diet and exercise; and

8 WHEREAS, Nearly \$250 billion is spent each year on health
9 care costs caused by diseases that are linked to diets high in fat and
10 low in fruits and vegetables each year in the United States. The
11 United States Department of Agriculture estimates that if
12 Americans consumed healthier diets, at least \$71 billion per year
13 in medical costs, lost productivity, and premature deaths could be
14 prevented; and

15 WHEREAS, The prophylactic effect of a healthy diet in
16 preventing disease is demonstrated by research suggesting that
17 phytonutrients, which are natural substances found in plants,
18 working together with other nutrients found in fruits, vegetables,
19 and nuts, can help slow the aging process and reduce the risk of
20 many diseases, including cancer, heart disease, stroke, high blood
21 pressure, cataracts, and urinary tract infections; and

22 WHEREAS, Nutrition Week is an international program to
23 enhance the understanding and collaboration among nutrition
24 industry specialists and raise the profile of nutrition both within the
25 health care community and among the general public; and

26 WHEREAS, The American College of Nutrition, the American
27 Society for Clinical Nutrition, the American Society for Parenteral
28 and Enteral Nutrition, and the North American Association for the
29 Study of Obesity are convening this year's Nutrition Week
30 Symposium from February 23 to February 27, 2002, and have
31 worked diligently to organize it; and

32 WHEREAS, At this symposium, known as Nutrition Week
33 2002, state-of-the-art clinical approaches and research findings
34 will be presented, and a comprehensive and multidisciplinary
35 range of topics will be discussed that include obesity and nutrition,
36 parenteral and enteral nutrition, nutrition support, osteoporosis,
37 neuropsychology, micronutrients and phytonutrients,
38 phytoestrogens, nutraceuticals, alternative therapies, and chronic
39 diseases, such as diabetes, heart disease, and cancer; now,
40 therefore, be it



1 *Resolved by the Assembly of the State of California, the Senate*
2 *thereof concurring,* That the Legislature proclaims the week of
3 February 24 to March 2, 2002, to be Nutrition Week 2002; and be
4 it further
5 *Resolved,* That the Chief Clerk of the Assembly transmit copies
6 of this resolution to the author for appropriate distribution.

